TAWASAW INSTITUTE

MCA YOUTH

PRESENTS

PUBERTY IN ISLAM

With Dr. Heba Abolaban

SATURDAY, NOV. 14TH | 11:00 AM - 2:00 PM

MCA YOUTH LOUNGE, SANTA CLARA
3003 SCOTT BLVD, SANTA CLARA, CA, 95054

- The Cycle Of Human Life And Our Creation
- Self-Care (physical, Mental, Emotional and Spiritual Health)
- How to perform Ghusl according to the Sunnah, rulings on menstruation & Discharge

AGES 9 - 13

FREE ENTRY | MOMS ARE SUGGESTED TO ATTEND WITH THEIR DAUGHTERS
BABYSITTING IS AVAILABLE ON SITE

RSVP | TAWASAW.ORG